



A.

What can you see in the photo above?

B.

Read the article aloud. Your tutor will correct your pronunciation.

Jogging

Nowadays, more and more people are enjoying jogging. Jogging has a lot of benefits. It can help people stay fit. Jogging can also help boost one's energy and improve one's mood. People say that jogging outside is better than working out at the gym, because jogging is cheaper and it allows a person to enjoy the great beauty of nature.

C.

According to the passage, why is jogging outside better than working out at the gym?

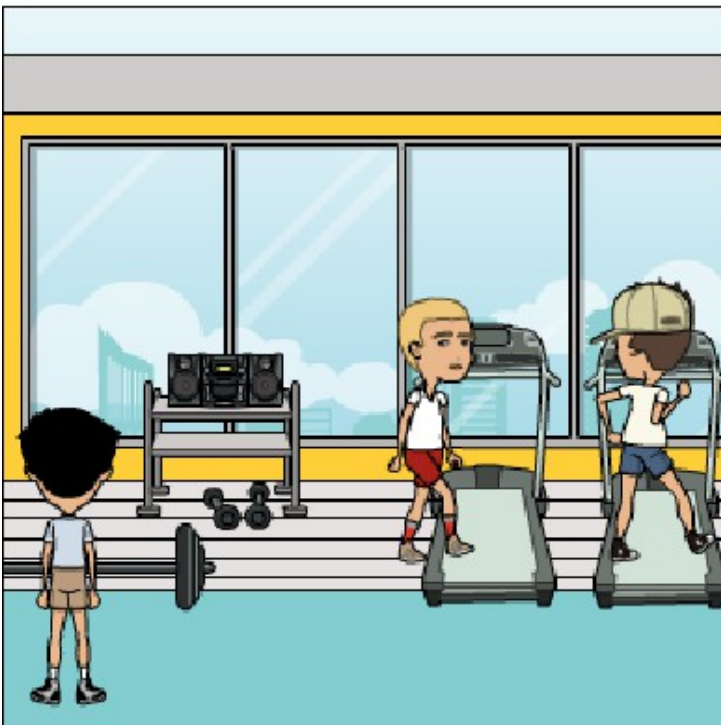
D. _____

Now, please look at Picture A. The people in the picture are doing different things. Tell me as much as you can about what they are doing.

E. _____

Now, look at the boy with his dog in picture B. Please describe the situation.

A



B



F.

Your tutor will give you a question.

Answer that question using either one of the following expressions.

Expression
I agree. ...
I disagree. ...

Question
Having pets is good for the health.

G.

Your tutor will give you a question.

Answer that based on your own opinion.

Question
Nowadays, people find time to exercise at the gym or go walking or jogging at parks. Do you like jogging as a form of exercise? Yes. -> Please tell me more. No. -> Why not?