A. **Self Expression (自己表現)**

Please look at the picture and say as much as you can about it.

絵の内容をできるだけ沢山言ってみましょう。
B. Words and Expressions (語彙と表現)

Check the pronunciation, meaning and usage of the words with your tutor. 講師と一緒に単語の発音、意味、表現を確認しましょう。

<table>
<thead>
<tr>
<th>Words and Expressions</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>unbearable</td>
<td>very painful or unpleasant</td>
</tr>
<tr>
<td>耐えられない</td>
<td>とても苦痛であったり、不快であること</td>
</tr>
<tr>
<td>get through</td>
<td>pass or assist someone in passing (a difficult or testing experience or period)</td>
</tr>
<tr>
<td>切り抜ける</td>
<td>乗り越える、また誰かが乗り越えられるように助けること</td>
</tr>
<tr>
<td>numerous</td>
<td>many</td>
</tr>
<tr>
<td>多数の</td>
<td>たくさんの</td>
</tr>
<tr>
<td>suntan</td>
<td>pleasantly brown skin caused by being in hot sun</td>
</tr>
<tr>
<td>日焼け</td>
<td>日光で肌を焼くこと</td>
</tr>
<tr>
<td>serene</td>
<td>peaceful and calm</td>
</tr>
<tr>
<td>のどかな</td>
<td>平和で落ち着いている</td>
</tr>
<tr>
<td>snorkeling</td>
<td>swim using a snorkel</td>
</tr>
</tbody>
</table>

出展
C. Reading and Comprehension

Read the article and answer the questions.

The Beach

Many people love to visit different beaches, especially during summer. People visit the beach to get through the unbearable heat during the season. There are numerous activities you can do at the beach aside from getting a suntan. You can try kayaking, snorkeling, or even building sand castles. Going to the beach would make you feel relaxed because it is usually quiet and serene.

QUESTIONS:

1. Why do people love going to the beach during summer?

2. What activities can you do at the beach?

3. Why would you feel relaxed at the beach?

4. When do people usually visit the beach?
D. **Vocabulary Exercise** （単語練習）

Choose from the list below to fill in the gaps.

<table>
<thead>
<tr>
<th>unbearable</th>
<th>serene</th>
<th>suntan</th>
</tr>
</thead>
<tbody>
<tr>
<td>numerous</td>
<td>snorkeling</td>
<td>get through</td>
</tr>
</tbody>
</table>

1. People visit the beach to _______ the unbearable heat during the season.
2. There are _______ activities you can do at the beach aside from getting a suntan.
3. Going to the beach would make you feel relaxed because it is usually quiet and _______.
4. You can try kayaking, _______, or even building sand castles.
5. There are numerous activities you can do at the beach aside from getting a _______.
6. People visit the beach to get through the _______ heat during the season.

E. **Self Expression** (自己表現)

Write the missing words and choose always, sometimes or never.

| unbearable | numerous | serene |

1. I like to eat _______ types of dishes.
2. I feel that summer heat is _______.
3. I like staying in a _______ environment.

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F. Dialogue Practice（会話練習）

Give a proper response to each of the following statements.
以下のそれぞれの文にふさわしい返答をしましょう。

A. Do you like going to the beach? Why or Why not?
   B. I like... because.....
      I don't like going to the beach... because

A. Do you like seafood? Why?
   B. Yes, I like seafood... because...
      No, I don't like seafood... because...

A. What activities do you usually do at the beach?
   B. I like to do...

A. Have you tried fishing? If yes, how was it? If not, would you try it?
   B. Yes, I have... It was...
      No, I haven't...