



A. Conversation Questions

- 1 What brings to your mind when you hear the word 'fear'?
- 2 What were your greatest fears when you were a kid?
- 3 Do you think it's normal to be afraid of something? Why or why not?
- 4 Do you agree that fear/s can be overcome? Why or why not?
- 5 How do you think fear/s can be overcome?
- 6 Have you overcome any of your fears? If yes, please share your story.
- 7 What is your biggest fear in life?

8 What could happen to a person if s/he has been overpowered by fear/s?

9 How do you cope with your fears?

10 Do you agree that fears make a person stronger? Why or why not?

A. Comment on the following quotes

1 The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown. -H. P. Lovecraft

2 "Each of us must confront our own fears, must come face to face with them. How we handle our fears will determine where we go with the rest of our lives. To experience adventure or to be limited by the fear of it." -Judy Blume

3 "The brave man is not he who does not feel afraid, but he who conquers that fear."
-Nelson Mandela

4 "He who is not everyday conquering some fear has not learned the secret of life."
-Ralph Waldo Emerson

5 "One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn't do." -Henry Ford

6 You block your dream when you allow your fear to grow bigger than your faith.
-Mary Manin Morrissey

7 To fear is one thing. To let fear grab you by the tail and swing you around is another.
-Katherine Paterson

8 Fear makes us feel our humanity. -Benjamin Disraeli

9 Fear makes the wolf bigger than he is. -German Proverb

10 He who fears something gives it power over him. -Moorish