A. Conversation Questions

1. What is your ultimate goal in life? What are the steps you need to do to attain that goal?

2. Is it important for a person to set goals? Why or why not?

3. What do you think would happen to a person who doesn't have any goal in life?

4. What were your previous goals that you've already achieved?

5. What were the things you have learned in your journey in achieving that goal?

6. How do you feel when things aren't going the way you want them to be?

7. When things are not working out, do you change your plans or you change your goals?
How important are your steps/plans in achieving your goals?

How important is time management in achieving your goals?

Do you think goals should be shared to other people or should be kept to one's self? Explain.

A. Comment on the following quotes

1. "Discipline is the bridge between goals and accomplishment." - Jim Rohn
   "When it is obvious that the goals cannot be reached, don't adjust the goals, adjust the action steps." - Confucius

2. "Setting goals is the first step in turning the invisible into the visible." - Tony Robbins

3. It is good to have an end to journey toward; but it is the journey that matters, in the end. • Ernest Hemingway

4. Obstacles are things a person sees when he takes his eyes off his goal. • E. Joseph Cossman

5. The mystery of human existence lies not in just staying alive, but in finding something to live for. • Fyodor Dostoyevsky, The Brothers Karamazov

6. The first purpose of your life is to find the purpose of your life. • Raaz Ojha

7. A goal properly set is halfway reached. • Zig Ziglar

8. It's better to be at the bottom of the ladder you want to climb than at the top of the one you don't. • Stephen Kellogg

9. The greater danger for most of us isn't that our aim is too high and miss it, but that it is too low and we reach it. • Michelangelo

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