

PLEASE READ THE INSTRUCTIONS:

1. Greet the student Do a short introduction.
2. Inform the student that you'll have a speaking test/speaking exercise.
3. Send the link of the student's copy to the student through Skype.
4. READ WHAT IS WRITTEN IN YELLOW CELLS BELOW.

Eating Healthy

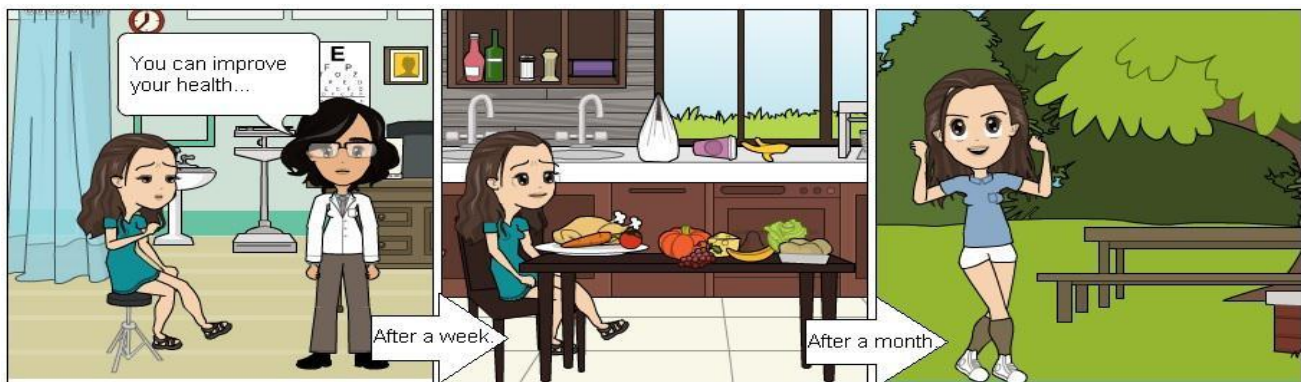
5. "Now, let's begin the test. First, please read the passage silently for 20 seconds."

6. (time 20 secs)

7. "Are you ready? Please read it aloud."

Eating healthy can improve a person's whole life. When a person eats healthy, he gets to improve his physical fitness, he feels good about himself and he feels major improvements in his body. If a person eats healthy, he wouldn't get sick often so he can work or study better. When a person works or study better, he becomes more productive. If a person feels good about himself, he becomes better at interacting with other people. A person who interacts well with a lot of people has many good friends. Eating healthy is not only good for your body.

You should begin with this sentence: **One day, Maria went to see a doctor because she was feeling sick.**



Questions:

7. "Now I'm going to ask you four questions, one by one. Are you ready?"

8. For the first two questions, the student may look at the Speaking Test material.

9. Before you proceed to the 3rd question, you may inform your student to close the material so he/she can focus on the discussion.

10. Give a short feedback to the student (positive and give points for improvement).

11. If there's still time, do free conversation.

No. 1 According to the passage what are the benefits of eating healthy?

Now please look at the picture and describe the situation. You have

No. 2 20 seconds to prepare. Your story should begin with the sentence on the card.

Now, Mr./Ms.---, please turn over the card and put it down.

No. 3 Do you think health is wealth? Explain your answer.

No. 4 Do you think Japanese food is healthy? If yes, why? If no, why not?