

**PLEASE READ THE INSTRUCTIONS:**

1. Greet the student Do a short introduction.
2. Inform the student that you'll have a speaking test/speaking exercise.
3. Send the link of the student's copy to the student through Skype.
4. **READ WHAT IS WRITTEN IN YELLOW CELLS BELOW.**

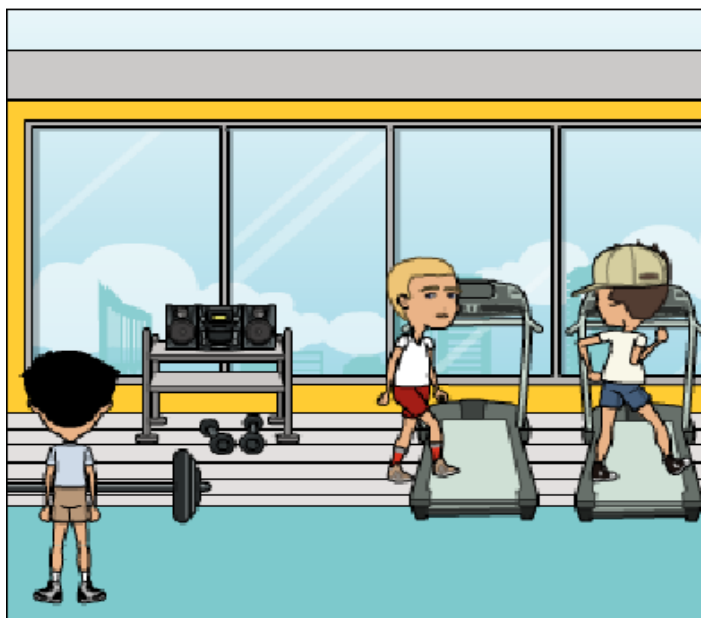
**Jogging**

5. "Now, let's begin the test. First, please read the passage silently for 20 seconds."

6. (time 20 secs)

7. "Are you ready? Please read it aloud."

Nowadays, more and more people are enjoying jogging. Jogging has a lot of benefits. It can help people stay fit. Jogging can also help boost one's energy and improve one's mood. People say that jogging outside is better than working out at the gym, because jogging is cheaper and it allows a person to enjoy the great beauty of nature.

**A****B**

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Questions:

7. "Now I'm going to ask you five questions, one by one. Are you ready?"

8. For the first three questions, the student may look at the Speaking Test material.

9. Before you proceed to the 4th question, you may inform your student to close the material so he/she can focus on the discussion.

10. Give a short feedback to the student (positive and give points for improvement).

No. 1 According to the passage, why is jogging outside better than working out at the gym?

No. 2 Now, please look at Picture A. The people in the picture are doing different things. Tell me as much as you can about what they are doing.

No. 3 Now, look at the boy with his dog in picture B. Please describe the situation.

Now, Mr./Ms.---, please turn over the card and put it down.

No. 4 Do you agree that having pets is good for the health?  
Yes. → Why?  
No. → Why not?

No. 5 Nowadays, people find time to exercise at the gym or go walking or jogging at parks. Do you like jogging as a form of exercise?  
Yes. → Please tell me more.  
No. → Why not?