



A. Conversation Questions

- 1 What is your ultimate goal in life? What are the steps you need to do to attain that goal?
- 2 Is it important for a person to set goals? Why or why not?
- 3 What do you think would happen to a person who doesn't have any goal in life?
- 4 What were your previous goals that you've already achieved?
- 5 What were the things you have learned in your journey in achieving that goal?
- 6 How do you feel when things aren't going the way you want them to be?
- 7 When things are not working out, do you change your plans or you change your goals?

- 8 How important are your steps/plans in achieving your goals?
- 9 How important is time management in achieving your goals?
- 10 Do you think goals should be shared to other people or should be kept to one's self? Explain.

A. Comment on the following quotes

- 1 "Discipline is the bridge between goals and accomplishment." -Jim Rohn
- 2 "When it is obvious that the goals cannot be reached, don't adjust the goals, adjust the action steps."
-Confucius
- 3 "Setting goals is the first step in turning the invisible into the visible." -Tony Robbins
- 4 It is good to have an end to journey toward; but it is the journey that matters, in the end. •Ernest Hemingway
- 5 Obstacles are things a person sees when he takes his eyes off his goal. •E.Joseph Cossman
- 6 The mystery of human existence lies not in just staying alive, but in finding something to live for.
•Fyodor Dostoyevsky, The Brothers Karamazov
- 7 The first purpose of your life is to find the purpose of your life. -Raaz Ojha
- 8 A goal properly set is halfway reached. -Zig Ziglar
- 9 It's better to be at the bottom of the ladder you want to climb than at the top of the one you don't.
-Stephen Kellogg
- 10 The greater danger for most of us isn't that our aim is too high and miss it, but that it is too low and we reach it. -Michelangelo